



भारतीय कृषि अनुसंधान परिषद
कृषि अनुसंधान भवन-II, पूसा, नई दिल्ली 110 012
INDIAN COUNCIL OF AGRICULTURAL RESEARCH
KRISHI ANUSANDHAN BHAVAN-II, PUSA, NEW DELHI 110 012

डा. नरेन्द्र सिंह राठौड़
उप महानिदेशक (कृषि शिक्षा)

Dr. Narendra Singh Rathore
Deputy Director General (Agril. Edn.)
D.O.No.PS/DDG(Edn.)/IDY/2018

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Date : 07 June, 2018

To,

All Vice-Chancellors of State Agricultural Universities.

Sub: **Celebration of International Day of Yoga – regarding.**

International Yoga Day is celebrated on 21st June every year. The fourth International Day of Yoga will be celebrated on 21st June, 2018 worldwide. It has been decided to celebrate fourth International Day of Yoga on 21st June, 2018 at Icar Hq./Institutes/SAUs etc.

Common Yoga Protocol (CYP) is the centre-piece of all activities related to IDY. Yogic practice shall start with a prayer or prayerful mood to enhance the benefits of practice. To promote the adoption of CYP, the Ministry of AYUSH has already shared Yoga prayers and common Yoga Protocol videos on Social Media Platforms of Ministry of AYUSH from 21st May, 2018. The URL for the Social Media platforms is as follows: Facebook: <https://www.facebook.com/moayush/>, Twitter: <https://www.twitter.com/moayush/>, Instagram: <https://www.instagram.com/ministryofayush/>, and Yoga portal: <https://yoga.ayush.gov.in/>.

Accordingly, all State Agricultural Universities are requested to celebrate the International Day of yoga on 21st June, 2018 and to share Prayers and Common Yoga Protocol video clips on Institutes web portal and social media accounts as available at above mentioned platforms. The event may be documented in the form of photographs and video clips and may be sent on e-mails: director.dkma@icar.gov.in and mitaligr@icar.org.in.

Once again you are requested to organize this event in the spirit of national important event and sensitize all students and staff about benefits of yoga.

With regards,

Yours sincerely,

(N.S.Rathore)

Copy to:

1. Girish Bhatt, Deputy Secretary (GAC), ICAR, Krishi Bhawan New Delhi.
2. The Project Director, DKMA, ICAR, KAB-I Pusa, New Delhi.

① web site
② create us
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